

# Quick-Start Recommendations

## How to Begin Based on Your "Role"

Use this chart to help you determine where to "get started" using The Tool.

My Role	Method	Time Commitment
<b>I am a Pastor/Leader</b> and want to better understand Biblical discipleship.	<ol style="list-style-type: none"> <li>1. Prayerfully go through <b>Phase 2</b>.</li> </ol>	
<b>I am a Pastor/Leader</b> and want to train believers in my church to disciple others.	<ol style="list-style-type: none"> <li>1. Prayerfully select a small group of leaders that you consider "faithful," and lead them through <b>Phase 2</b>.</li> <li>2. Take the same group through <b>Phase 1</b>. As you progress, most likely some will feel motivated by the Holy Spirit to start mentoring (spiritual parenting) newer (immature) believers through <b>Phase 1</b>.</li> <li>3. To assist them in discipling, have them review the guidelines found in <b>lesson 2-5</b>.</li> </ol>	Approximately 6-9 months.
<b>I am a mature believer</b> and want to disciple a new(er) believer.	<ol style="list-style-type: none"> <li>1. Read and carefully consider the <b>guidelines in Lesson 2-5</b>.</li> <li>2. Prayerfully go through, with the disciple, the two lessons in the <b>Disciple Assessment</b> section to help diagnose the spiritual maturity level of the believer.</li> <li>3. Begin the mentoring process using <b>Phase 1</b>.</li> </ol>	Approximately 6-9 months.
<b>I am a believer</b> who has <u>not</u> been disciplined and desire to better understand the Christian life.	<ol style="list-style-type: none"> <li>1. Prayerfully seek a mature believer who you respect, and who would be willing to meet with you at least once a week using <b>Phase 1</b>.</li> <li>2. If you cannot find another believer to personally mentor you, prayerfully read <i>5 Biblical Concepts</i> (pg. xxiv), then start through <b>Phase 1</b> on your own, writing down questions that come to mind.</li> <li>3. Hopefully a church leader or mature Christian will be able to satisfactorily answer your questions.</li> </ol>	Approximately 3 months.
<b>I have a one-time opportunity</b> to spend with a believer, for example, on a trip or in a jail ministry, etc.	<ol style="list-style-type: none"> <li>1. Prayerfully go through the <i>5 Biblical Concepts</i> (pg. xxiv) with the believer.</li> </ol>	